



## Remembering Yesterday Caring Today



### RYCT Training – Combined Evaluation 13<sup>th</sup> & 14<sup>th</sup> of November 2013 15 Trainees

Q1	Age (yrs)	16-25 2	26-45 8	46-59 5	60+	
Q2	Gender	M -1			F - 14	
Q3a	Organisation (if relevant)	WHSCT Staff x 8, Seymour Gardens Day Centre x1 Creggan Day Centre x 1, Alzhemier's Society x 1, Strabane Day Centre x 1 Cornfield Care Centre Limavady x 2 Dromore Elderly day Centre x 1				
Q3b	Position (if relevant)	Social worker x 2 CPN x 1 OT x 1 Day Care worker/ Assistant x 4 Challenging Behaviour Nurse/service x 2 Staff Nurse Assessment Dementia unit x 2 Manger Day Centre x 1 Befriending Manager x 1 Activity Organiser x 1				
Q4	How did you find out about this training?	From Manager x 3 Communityni website x 1 Through Service improvement x 1 Sister on ward x 1 Training Development x 1 Care manager x 3 Magella Magee x 4 1 x blank				
Q5	Have you any <b>previous experience</b> in facilitating creative reminiscence work?	Yes - 6			No - 9	
<p>Did it through work but no course Reminiscence used as part of everyday work Worked in day centre for 11 years with adults suffering from a diagnosis of Dementia/Mental ill Health Very basic knowledge and practice while working in a Dementia Assessment Ward I work in Dementia Assessment unit and 2 days in day care where we do reminiscence In past, but not as in-depth a manner as this</p>						
Q6	In general, <b>how would you rate the following:</b>					
		Very Poor	Poor	Adequate	Good	Very Good
	The course information provided to you <b>prior</b> to your attendance		1	6	6	2
	The <b>content</b> of this training				4	11
	The <b>level of training</b> provided in relation to your existing experience				2	13
Q7	In general, <b>how would you rate the following:</b>					
		Very Poor	Poor	Adequate	Good	Very Good
	The overall pace of the training				4	11
	The knowledge of the trainers					15



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The teaching style used					2	13
The support provided to you by the trainers						15
<b>Trainer Use Only</b>	<b>Date</b>		<b>Group</b>			
Q8	What was the <b>MOST</b> beneficial part of the training for you and why?					
<p>I found out new ways to carry out activities e.g for different clients needs.            Role play and discussion of different people's experiences – helped me to understand positives/negatives and dealing with sad memories.            Participating in organised activities – very enthusiastic trainers – Excellent Motivation – created a safe and enjoyable experience            Learning various techniques and the reason for selecting various techniques            All of the content covered            All areas very beneficial, Excellent Facilitators            Knowledge gained/shared            All of it            Confidence that could take this experience into my work            Learning new ways to introduce activities            Actively engaging in tasks            The trainers prompted us to use our imagination and 'think outside the box'            All of it – New to me but can see how certain group activities will suit different people and carers.            Open my mind to how the simplest things can get people talking.            Activities that I can incorporate into my post.            Learning different themes as a trigger for reminiscence – new theme ideas.</p>						
Q9	What was the <b>LEAST</b> beneficial part of the training for you and why?					
<p>All areas were beneficial/ Found all info beneficial            None / Enjoyed all areas!            The exercise wait 10 sec exercise before entering conversation. Meaning?</p>						
Q10	Has this training any <b>relevance to your current work?</b>				Yes 15	No N/A
<p>I work with a mixture of frail elder/dementia residents &amp; found I can use these tools for it            It will help develop my practice &amp; develop more creative programmes for clients            I work with dementia clients.            All the training as I will be able to approach any resident and interact with them            Will keep me motivated and new ideas            Yes very much. I work with dementia Mon-Fri and short term memory isn't strong point so reminiscence will help them feel valued            Hoping to develop work in storytelling using different techniques &amp; this training will compliment that.</p>						
Q11	Would you be interested in taking part in <b>further RNNI training?</b>				Yes 15	No
<p>All trainees answered yes            Unsure at present            Anything that will further my skills in this area.            Developing my skills as a trainer            Using reminiscence 1 -1            People with more complex needs e.g speech difficulties            Group sessions and leadership skills</p>						



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Life Story Work Group Activities

Learning about new activities

To enable me to professionally deliver training.

Q12

Would you like to be kept informed of **future RNNI activities**?

Yes 15

No

All trainees answered yes.

### Summary

All participants responded positively to the benefits of reminiscence work, the use of multisensory triggers, life story work, creative reminiscence techniques, dementia awareness exercises and drama.