



Combined Carers Evaluation Form

Thank you for attending these Creative Reminiscence Sessions. We would be grateful if you would complete this questionnaire. Your feedback will help us to evaluate and develop the reminiscence work that we do. Your answers are confidential so please fill the form in honestly.

Gender	
Male 3	Female 3

Your Reminiscence Session(s) Please tick the answer that is right for you.

1	<p>The session I enjoyed most and why</p> <p>‘Working Life’ session meant the most to me and I enjoyed the memories it brought back to me. I realised I had an interesting working life. Male</p> <p>The Wedding it brought back happy memories of our own big day Male</p> <p>The Wedding Session Female</p> <p>All very interesting – Wedding and bringing in photographs Male</p> <p>Going out and having fun, watching my mother singing and dancing made me happy Female</p> <p>It was lovely to share old memories and enjoy the music. My husband was always very social and he enjoyed being around everyone. Female</p>
2	<p>Something I remembered during one of the sessions which I have not thought about I ages.</p> <p>I remembered that I delivered vegetables after school....I had not thought about that for a long time. Male</p> <p>My early days at School. Gathering feed for the farm Male</p>



	<p>Portstewart – walking – Paddling - Childhood in my mothers kitchen Female</p> <p>My own working Life at Millers Claudy Male</p> <p>When I was sitting around the table with the fancy tableware I remembered the meals my mother used to make only on special occasions and that we were always told to be careful Female</p>
3	<p>A surprise I had during the project</p> <p>I was surprised how much I remembered about the past. Male</p> <p>How people reacted and got involved and enjoyed the sessions Male</p> <p>This was the first thing my husband wanted to come back to. At the end of the session his words were “ You see next week when we are coming will you.....” Female</p> <p>The enjoyment. How [Name] my wife took to the group Male</p>
4	<p>Something I learned</p> <p>I learned I need to socialise more since I took on my caring role for my wife. Male</p> <p>The importance of keeping a memory box and not leaving it too late Male</p> <p>That my husband can still enjoy company if it is “about him” Female</p> <p>Sharing stories and memories are good. Also meeting people. Male</p> <p>I learned more about dementia Female</p>
5	<p>A new resolution, or change I want to make</p>



	<p>To go out more and socialise Male</p> <p>I would like to be more outgoing and enjoy every moment of life Male</p> <p>To look for another group like this one. It was fantastic. Female</p> <p>It is difficult as my own health is not good. It is lonely. [Name] was always there. Male</p> <p>I am going to try some sessions with my mother when I visit her Female</p>
6	<p>A friendship I made during the project</p> <p>I enjoyed meeting other people especially the facilitators. Male</p> <p>Meeting [named another male carer] who I approximately met 15 years ago Male</p> <p>Meeting [named another male carer] Male</p> <p>I feel that both of us are among friends here – both staff and carers and patients Female</p> <p>Name and Name from the same home and Name the activity worker Female</p>
7	<p>I would/would not recommend this project to a friend. Give reasons for your answer.</p> <p>I would definitely recommend it. As you grow older you realise the importance of reminiscing. I feel we need to do more of it. Male</p> <p>[Name] Looked forward to coming to the group every Friday Male</p>



Remembering Yesterday Caring Today



	<p>Both of us felt at ease from the first visit. It was about happy memories. I couldn't imagine anyone not enjoying it. Female</p> <p>It is a good thing to meet up. It takes the both of us out. Although I don't know how much longer I will be able to come to things like this. Male</p> <p>I would recommend this to a friend as it makes the patient come alive! Female</p> <p>Very many thanks to you and all your team for the lovely welcome you gave us to the reminiscence sessions Female</p>
	<p>Is there support which would be helpful to you? Yes / No Please circle your answer</p> <p>If your answer is Yes, please describe the support which would be helpful to you.</p> <p>I feel I am getting enough support at the present time. Male</p> <p>This was great for both of us. It would also be great if someone could take my husband without me. Female</p> <p>If this group could meet again every so often Male</p> <p>Further sessions, in the home please as my mother becomes very agitated when leaving the sessions Female</p>

Thank you for your feedback.